

Sacred Dances

Location: (Bumthang) “Jampa Lakhang Drup”: Ancient ritual, Buddhist dance and movement tradition known as cham, a fundamental manifestation of Bhutan’s religious culture. Cham is a form of dance yoga in tantric Buddhism. This day Comprises of ritual performance of sacred dances (naked) that embody and symbolize the Bhutanese cosmogony and shared mythologies that are both Buddhist and local. Cham is performed Naked by laymen during the night also known as “naked dance”, mask dance by monks and folk dances by women during the day at Jampa Lakhang, 7th Century temple. Spend whole day meeting local people and walking around local handicraft shops.

Season: Nov

Tour Duration: 9 days

Day1. Arrive to Paro and drive to Thimphu: Descending into beautiful Paro valley at 7,479 feet, drive to Thimphu. It is a small charming capital city sheltered in the heart of the Himalayas. Check in at a Hotel. Alt: 7,609 ft.

Day2. Thimphu to Punakha.(76 km/2.30 hours): Visit the memorial chorten (stupa), weaving center, Takin preserve and drive to Punakha by Dochula pass(10,000 feet). Descend down to the rich and fertile valley of Punakha. Overnight at Punakha.

Day3. Punakha to Trongsa. (6 hrs / 145 kilometers): Visit Punakha Dzong and continue towards the central valley of Bhutan. The drive passes by Wangdi Dzong (fortress) up to Pele la Pass at **11046 ft**. Overnight at Trongsa.

Day4. Trongsa to Jakar. (68km/3hours)): Drive to Bumthang through beautiful Yotongla la Pass at 11,200 feet. Over night at Jakar.

Day5. Attend festival: Mask dance, Folk dance by woman and many more....

Day6. Jakar to Phobjikha (5 hrs / 130km): Travel on to Phobjikha valley, home of the rare Black necked Cranes. Overnight in Phobjikha.

Day7. Phobjikha to Thimphu (5hrs / 130 km): Resume your drive through Wangdi climbing the great Dochula Pass, and to Thimphu.

Day8. Thimphu to Paro: Hike to Tigers nest 2,000 feet above the Paro valley floor. This is considered as one of the holiest site by the Bhutanese and pilgrims. Over night at Paro.

Day9. Paro to Bangkok: Say goodbye to Bhutan and board a flight for Bangkok, Delhi, Kolkota or Kathmandu for onward destinations. We hope you'll carry this gentle kingdom in your heart: May it brings peace to you and others. Have a safe journey Home.

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