

Outline Itinerary For Nomadic Journey To Merak & Sakteng

Day1. Arrive to Paro and onwards to Thimphu: Paro Alt:7364ft/2,210m. Upon arrival you will be met by your guide. 1hour drive to Thimphu. It's a small charming capital city sheltered in the heart of the Himalaya. Check in to a Hotel at Thimphu, Altitude of 7,609 ft/2,283m.

Day2. Thimphu to Punakha: 75km/3hr: Visit 13 Arts & craft school, Memorial Chorten, handicraft Emporium, Changzamtok textile weaving and see the National animal Takin in Thimphu. Drive to Dochula pass (Alt:10142ft) and descend down to the fertile valley of Punakha (Alt: 4430ft). Visit Punakha Dzong. Over night at Punakha.

Day3. Punakha to Bumthang: 6 to 7hr/ 197 km. Continue your drive passing the Wangdi Dzong, towards the central valley. You may spot a yak grazing along the roadside at Pele la Pass at 11046 ft/3,314m. As you enter Trongsa valley, Continue on your journey, up to Yotong La pass at 11,200 feet and down to Bumthang, Altitude 8,334 feet.

Day4. Bumthang to Mongar: Today's 6hr drive passes through the Ura valley to enter Thrumsingla pass (Altitude: 3780m/1210ft). The road then drops down to the small village of Sengkor, and makes a steep descent through Namling. We will spend the night at Mongar. Altitude: 5,168ft.

Day5. Mongar to Tashigang: We drive east for about 3-4 hrs through Korila Pass and Yadi to reach Tashigang. Check in to a Guest house, have lunch, and spend the rest of the day visiting Tashigang Dzong. Overnight at guesthouse.

Day6. Trashigang to Chaling (7050ft) and Damnongchu (10131ft): 7 hrs.
The trek to Merak will start from Chaling. There is a dirt road going up to Chaling from Rangjung. DamnongChu camping area is located after Mindrula which lies at about 10,880ft.

Day7. Damnongchu to Merak (11480ft): 5 hrs.

The trail from Damnongchu to Merak goes along the river bank with gradual ups and downs. Over night at Camp.

Day8. Merak to Miksa Teng (9400ft): 7 ½ hrs.

The trek from Merak to Miksa Teng is of medium difficulty. It will pass through the beautiful Nagchungla pass. The campsite is located in a clearing surrounded by rhododendron trees.

Day9. Miksa Teng to Sakteng (9850ft): 3 ½ hrs

Trek to Sakteng from Miksa Teng is easy making your way through beautiful woods with a short climb before reaching Sakteng. Overnight at Camp.

Day10. Sakteng Day Halt.

Day11. Sakteng to JyonkharTeng (6100ft): 6 ½ hrs.

Sakteng to Jyonkhar Teng trek is an easy trek comparingly. It is mostly downhill to Jyonkhar Teng camp.

Day12. Jyonkhar to Phongmay (6500ft): 5 hrs. Drive to Trashigang

The day is full with ups and down to road ahead. Drive to Tashigang and overnight at hotel.

Day13. Tashigang to Samdrup Jongkhar: 6 1/2 hr journey to the border town of Samdrup Jongkhar, overnight at Hotel in Samdrup Jongkhar.

Day14. Samdrup Jongkhar to Guwhati: 110km / 4hrs

Say goodbye to Bhutan and drive to Guwhati for onward destinations. We hope you'll carry this gentle kingdom in your heart. May it bring peace to you and to others? Have a safe journey home.

Thank You