

Outline itinerary for Laya, Lingshi, Gasa

Day1. Arrive to Paro on Druk Air to the only Airport in Bhutan. Drive to the Hotel.

Day2. Day Hike to Taksang (Tigers Nest) 2,700feet above Paro valley's floor. Overnight at Hotel in Paro.

Day3. Drukgyal Dzong to Shana: 5 to 6hrs / 9.3mile/15 km. Trek starts from ruin of Drukgyal Dzong. Overnight at camp. Alt: 9480ft / 2890m.

Day4. Shana to Soi ThangThangka: 7 to 8hr. 13.6miles / 22km.

The trail continues its gradual climb alongside the Paro Chhu through conifers and rhododendron. Overnight at camp. Alt: 11,730ft/3575m.

Day5. Soi Thang Thangka to Jangothang: 4 to 5hr. 10.5miles / 17km.

You may get a clear view of Jhomolhari. Your camp will be at Jangothang, Jhomolhari base camp, Alt. 13260ft/4044m.

Day6. Day Halt: Explore Jangothang.

Day7. Jangothang to Lingshi: 5 to 6 hrs / 13 miles / 21km.

Cross Nyile La (Pass) Alt: 16,040ft / 4890m. Great views of Lingshi Dzong appear at far distance. The camp is by riverside at Alt: 13,150ft/4010 m.

Day8. Lingshi to Chebisa. 4 to 5 hr. 10mile/15km.

Visit to the Dzong. The trail is gradual and not much climb. It is the most pleasant walk of the whole trek. The camp site is on a meadow just opposite to the Chebisa village (3990 m 13,090 ft.)

Day9. Chebisa to Shakyapasang: 5 to 6 hr. 9 miles / 14.5km

It is a steep climb after the village to a ridge of 1500ft. Cross Gombu La (pass): 14560 ft/

4440m. Overnight at camp. Alt: 13120ft/ 4000m.

Day10. Shakyapasang to Robluthang: 7 to 8 hr. 10 miles / 16km.

Crossing the Yarila Chhu, the trail climbs from the camp up the valley to Jare La (Pass) 15695ft/4785m. You will be camped in a rocky meadow named Robluthang Alt: 13,645ft/4160m.

Day11. Robluthang to Limithang: 6 to 7hrs. 8.5miles / 14km.

This will be a long, hard day. Cross Sinche La (pass) (16400ft / 5000m). The peak of GangchenTag towers over the campsite, even though it is quite a distance away.

Day12. Limithang to Laya: 4 hrs, 5 1/2 miles. 9km.

Today it is mostly downhill along a winding river. Your camp will be by village at Alt: 12,465ft/ 3800m.

Day13. Day Halt at Laya: Explore in the village, Overnight at Camp.

Day14. Laya to Koina: 6 to 7hrs, 10miles / 16km.

Below the village the trail drops back to the river. The route for the Snowman Trek leads uphill from here on a tiny path. The route to Gasa keeps going downstream on a muddy trail. Finally dropping to a large stream. Welcome to Koina Camp (10627ft/ 3240m).

Day15. Koina to Gasa Hot spring(Tshachu): Cross the bridge at Koina and start up hill ascending to Bari La(pass) at Alt:12,792ft/3900m. The route starts down again, it rounds a corner where you can finally see Gasa Dzong . Continue walking until you reach Gasa Tsachu (hot spring at 7282ft/2220m). Overnight at camp.

Day16. Gasa Tsachu to Damji, Drive to Punakha: After the gradual climb away from Gasa Tsachu you reach a dirt road at Damji, meet driver and the Van, ready to transport you to Punakha . Overnight at hotel.

Day17. Punakha to Thimphu and Paro: After breakfast you will resume your drive back to Thimphu. Brief stop at the Dochula Pass. An hour drive to Paro. Overnight in hotel.

Day18. Depart to Bangkok: Say goodbye to Bhutan and board a flight for Bangkok for onward destinations. We hope you'll carry this gentle kingdom in your heart. May it bring peace to you and other, Have a safe journey Home.

Thank You