

Outline Itinerary For Community Based Trek

Day1. Arrive to Paro: On arrival you will meet our Guide and diver who will be with you throughout the tour. Check in to a hotel. Visit Paro Dzong (fortress). Overnight at Paro.

Day2. Paro to Thimphu: After breakfast, 1hr drive winds along a river valley, past small villages and traditional farm houses, through peaceful countryside to Thimphu. Over night at Hotel. Alt: 7,493ft /2319m

Day3. Thimphu to Punakha: 3hrs / 77 km. On the way we come across Dochula pass (Alt:10142ft). Descend down to the fertile valley of Punakha (Alt: 4430ft.). Over night at Punakha.

Day4. Punakha to Trongsa: 6 hrs / 145 kilometers, Continue toward the central valleys of Bhutan. Passing Wangdi Dzong (fortress) climb up to Pele la Pass at 11046 ft. As you enter Trongsa valley, the huge fortress of Trongsa Dzong becomes visible. Overnight in Hotel.

Day5. Trongsa to Jangbi: 45min, Drive from Trongsa to trail head. Tongtongphey(1,000m) to Jangbi(1,350m), about 3hr. The first day brings you in contact with the Monpas who are believed to be the first inhabitants of Bhutan. The campsite at Jangbi.

Day6. Jangbi (1,350m) to Kudra (1,500m): about 6 hours. The morning allows you to further interact with the Monpas. Phrumzur, one of the few villages of the Monpa communities is scattered around the trail. Campsite in Kudra.

Day7. Kudra (1,500m) to Nabji(1,300m): about 6 hours. This part of the trek is an assortment of streams, waterfalls and thick forests that will give you an invigorating feeling of being out in the wild. Nabji is a beautiful village with endless paddy fields demarcating the valley and surrounding the campsite.

Day8. Nabji village (1,300m) to Korphu(1,500m): about 3 hours. En route to Korphu, the Nabji temple is located in the middle of the paddy fields. Overnight at camp.

Day9. Korphu (1,500m) to Nyimshong (1,300m): about 5 hours. The hike from Korphu to Nyimshong is mixed with waterfalls and streams. Overnight at camp.

Day10. Nyimshong (1,300m) to Reotala (1000m): about 3 hours. If you are lucky, the Golden langurs will lead you to the exit. An hour's steep ascend to the road and your driver will drive you back to Trongsa. Overnight at hotel.

Day11. Trongsa to Punakha: 5 to 6 hrs / 150 km. Visit Trongsa Dzong (fortress). Resume your drive to Punakha. Overnight at Hotel.

Day12. Punakha to Paro: (3.5hr / 135km). Drive to Thimphu via Dhochula Pass. Stop at Thimphu for lunch and last minute shopping. An hour drive for overnight at Paro.

Day13. Paro to Bangkok: Say goodbye to Bhutan and board a flight for Bangkok for onward destinations. We hope you'll carry this gentle kingdom in your heart: May it brings peace to you and others. Have a safe journey home.

Thank You